



Workers' Compensation Attending Physician Panel
VSC Virginia Beach Divisions

VSC Fire and Security, Inc. is offering the following Physician Panel in compliance with section 65.2 of the Virginia Workers' Compensation Act. This panel is to be used by all employees of VSC.

Injured employees of VSC who have filed for Workers' Compensation benefits must choose one physician for treatment of claimed, work-related injuries. Failure to choose one of the physicians listed below may bar compensation benefits, including the cost of medical care. Employees' Primary Care Physicians are **NOT** authorized as attending physicians on VSC's Panel.

Panel of Physicians

Concentra- ALL LOCATIONS	Urgent Care
<i>Kade Cinnamond, Medical Director</i>	
5301 Robin Hood Rd, #114, Norfolk, VA 23513	(757)573-2075
593 Aberdeen Rd, Hampton, VA 23611	(757)825-1100
801 Poindexter St, #'s 218 & 226, Chesapeake, VA 23324	(757)494-1688
838-A Old George Washington Hwy, Chesapeake, VA 23323	(757)487-9600
NowCare- ALL LOCATIONS	Urgent Care
<i>Lisa Coren, Medical Director</i>	
1168 First Colonial Rd, VA Beach, VA 23454	(757)-352-2020
2088 S. Independence Blvd, #103, VA Beach, VA 23453	(757)275-9331
4868 Bridge Rd, #300, Suffolk, VA 23435	(757)483-7198
3060 Godwin Blvd, Ste 8274, Suffolk, VA 23434	(757)935-5310
725 Volvo Parkway, Chesapeake, VA 23220	(757)842-4100

Velocity Care- ALL LOCATIONS**Urgent Care***John Gray, Medical Director*

2168 General Booth Blvd, #510, VA Beach, VA 23456	(757)702-8122
4701 Virginia Beach Blvd, #210, VA Beach, VA 23462	(757)702-8110
747 Clyde Morris Blvd, Newport News, VA 23601	(757)772-6121
1326 East Little Creek Rd, Norfolk, VA 23518	(757)772-6122
7435 Granby St, Norfolk, Va 23505	(757)702-8101
1001 Centerbrooke Ln, #100, Suffolk, VA 23434	(757)702-8105
7394 Harbour Towne Pkwy, #5, Suffolk, VA 23435	(757)702-8116
4374 New Towne Ave, #100, Williamsburg, Va 23188	(757)772-6124
20209 Sentara Way, Suite 100, Carrollton, VA 23314	(757)772-6125

M.D. Express- ALL LOCATIONS**Urgent Care***Michael Renforth, Medical Director*

3321 West Mercury Blvd, Hampton, VA 23666	(757)224-0056
12997 Warwick Blvd, Newport News, VA 23602	(757)369-9446
120 Monticello Ave at Richmond Rd, Williamsburg VA 23185	(757)564-3627
4740 George Washington Memorial Hwy, Ste A, Yorktown, VA 23693	(757)890-6339

Eastern Shore Rural Health Express Care-**Urgent Care***Thomas Hollandsworth, Medical Director*

25228 Lankford Hwy, Onley, VA 23418	(757)787-1465
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Patient First-**Urgent Care***Kristin Botdors, Medical Director*

705 N. Battlefield Blvd, Chesapeake, VA 23320	(757)547-0688
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Lower Shore Immediate Care-**Urgent Care***Aaron Green, Medical Director*

12302 Somerset Ave, Ste A/B, Princess Anne, MD 21853	(410)651-0300
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Care Now Urgent Care-**Urgent Care***Ajaya Vamumu, Medical Director*

4600 Puddledock Rd, Prince George, VA 23875	(804)704-8655
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Williamsburg Urgent Care-

Urgent Care

Anna Stankiewicz, Medical Director

5239 Monticello Ave, Williamsburg, VA 23188

(757)279-2999

If the employee's location is more than 20 miles from an Occupational Health provider, **please contact Allegiant Nurse Triage at 844-403-1847 for assistance.*

EMPLOYEE ACKNOWLEDGMENT

I acknowledge that I have been provided with a copy of the VSC Virginia Beach Divisional "Workers' Compensation Attending Physician Panel" in response to my claimed job site injury that occurred on _____
(date of injury)

The medical provider I have chosen from this Panel
is: _____

Employee Name: _____

Employee Signature: _____

Date of Signature: _____