



Workers' Compensation Attending Physician Panel
VSC RICHMOND SPRINKLER DIVISION

VSC Fire and Security, Inc. is offering the following Physician Panel in compliance with section 65.2 of the Virginia Workers' Compensation Act. This panel is to be used by all employees of VSC.

Injured employees of VSC who have filed for Workers' Compensation benefits must choose one physician for treatment of claimed, work-related injuries. Failure to choose one of the physicians listed below may bar compensation benefits, including the cost of medical care. Employees' Primary Care Physicians are **NOT** authorized as attending physicians on VSC's Panel

Panel of Physicians

Concentra Medical Center **Urgent Care**

Dr. Ahmad, Medical Director

9900 W. Broad Street, Suite C, Glen Allen, VA 23060 (804) 358-0361

9211 Burge Avenue, Richmond, VA 23237 (804) 275-7200

Bon Secour Urgent Care **Urgent Care**

Carlton Sadler, Medical Director

9851 Brook Road, Glen Allen, VA 23059 (804) 893-8702

14163 Midlothian Trpk, Midlothian, VA 23113 (804) 877-8320

1502 N Parham Road, Suite A, Richmond VA 23229 (804) 877-8323

60 East Roslyn Ct, Colonial Heights, VA 23834 (804) 765-6700



FIRE · SECURITY

CareNow Urgent Care – ALL LOCATIONS

Urgent Care

Ajaya Vamumu Medical Director

| | |
|--|----------------|
| 300 North Washington Hwy, Ashland, VA 23005 | (804) 537-2905 |
| 11380 Iron Creek Road, Chester, VA 23831 | (804) 823-9260 |
| 4600 Puddledock Road, Prince George, VA 23875 | (540) 870-6540 |
| 6100 Harbourside Center Loop, Midlothian, VA 23112 | (804) 639-7555 |
| 6296 Mechanicsville Trpk, Mechanicsville, VA 23111 | (804) 459-8300 |
| 10004 Southpoint Pkwy, Fredericksburg, VA 22407 | (540) 252-3535 |

MedExpress

Urgent Care

Julie Waddell, Medical Director

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|--|----------------|
| 8040 West Broad Street, Henrico, VA 23294 | (804) 346-0927 |
| 4903 Nine Mile Road, Richmond, VA 23223 | (804) 222-3549 |
| 11603 Midlothian Trpk, Midlothian, VA 23113 | (804) 378-3739 |
| 260 Pantops Center, Charlottesville, VA 22911 | (434) 244-3027 |
| 1149 Seminole Trail, Charlottesville, VA 22901 | (434) 978-3998 |

NextCare Urgent Care – ALL LOCATIONS

Urgent Care

Susan Coleman, Medical Director

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|--|----------------|
| 330 White Oak Rd, Fredericksburg, VA 22405 | (540) 373-2424 |
| 5825 Plank Road, #105 Fredericksburg, VA 22407 | (540) 785-3448 |

Mary Washington Urgent Care

Urgent Care

William Reese, Medical Director

| | |
|--|----------------|
| 10 Stafford Lakes Pkwy, #102, Fredericksburg, VA | (540) 741-6982 |
| 11131 Journal Parkway, Suite A, King George, VA | (540) 741-6982 |



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Centra Urgent Care **Urgent Care**
Giuliana Allegra, Medical Director
935 S. Main Street, Farmville, VA 23901 (434) 315-5340

PACS Urgent Care **Urgent Care**
Sohaib El Sayed, Medical Director
11073 Colonial Armistead Dr., #105, Ruther Glen, VA 22546 (804) 435-5892

Velocity Urgent Care **Urgent Care**
John Gray, Medical Director
920 E. High Street #102, Charlottesville, VA 22902 (434) 290-1226
6497 Centerville Rd #300, Williamsburg, VA 23188 (757) 702-8107
4374 New Town Avenue, Williamsburg, VA 23188 (757) 772-6124
3601 Old Halifax Rd #100, South Boston, VA 24592 (434) 471-4310

Crozet Urgent Care **Urgent Care**
Steven Brawley, Medical Director
540 Radford Lane #250, Charlottesville, VA 22903 (540) 245-7595

Winchester Urgent Care **Urgent Care**
Harjit Bagri, Medical Director
2505 Valley Avenue, Winchester, VA 22601 (540) 665-0084

Valley Health Urgent Care – ALL LOCATIONS **Urgent Care**
Jillian Wilford, Medical Director
65 Riverton Commons Plaza, Front Royal, VA 22630 (540) 635-0700
607 E. Jubal Early Drive, Winchester, VA 22601 (540) 536-2232
210 Elizabeth Drive, Stephens City, VA 22655 (540) 536-5830

**If the employee's location is more than 20 miles from an Occupational Health provider, please contact [Allegiant Nurse Triage at 844-403-1847](tel:844-403-1847) for assistance.*



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EMPLOYEE ACKNOWLEDGMENT

I acknowledge that I have been provided with a copy of the VSC Richmond Sprinkler Division “Workers’ Compensation Attending Physician Panel” in response to my claimed job site injury that occurred on _____
(date of injury)

The medical provider I have chosen from this Panel is:

Employee Name: _____

Employee Signature: _____

Date of Signature: _____